

Rose de Mer

The HERBAL PEEL

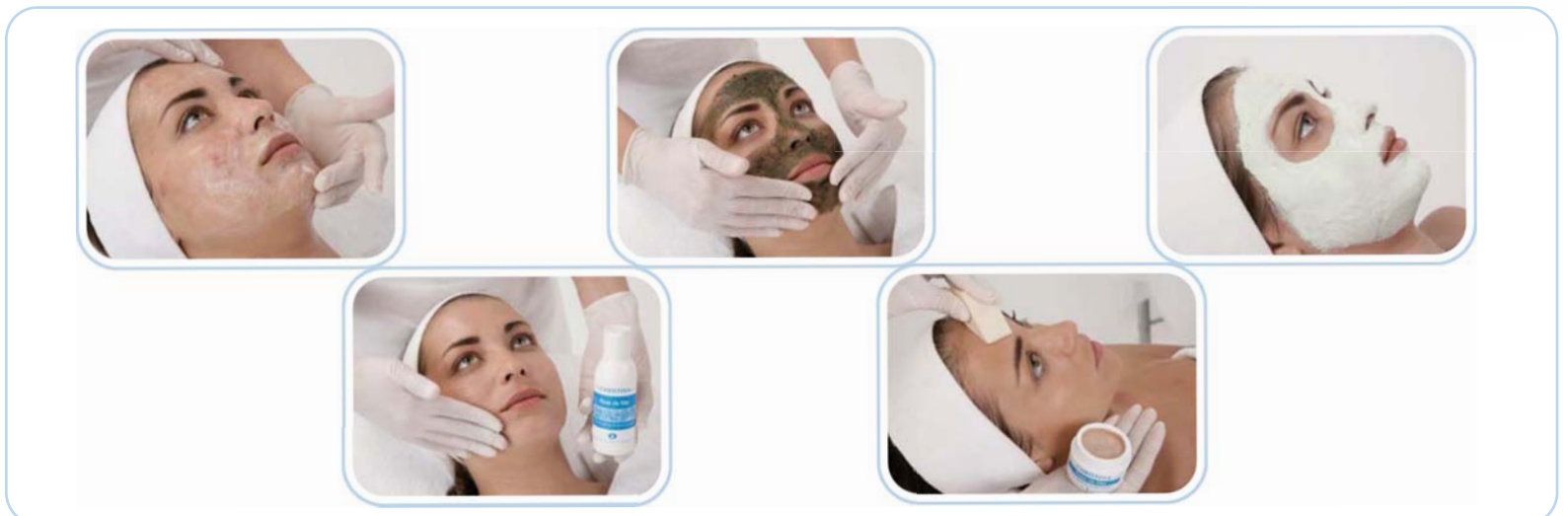
by CHRISTINA

Combines science and innovation to trigger the skin's natural peeling capabilities, creating visible improvements with minimal side effects. The Herbal Peel process instigates and leverages the traditional Calor (Heat), Dolor (Pricks of pain) and Rubor (Redness) to arouse the skin on multiple layers to stimulate the production of collagen and elastin for optimal skin rejuvenation and healing.

The Herbal Peel's ease of application, uncomplicated home care, short treatment cycle, and versatility makes this regimen a must for any progressive esthetician.



Healthy skin starts here...









CHRISTINA
It just works

Treatment Protocol

Rose de Mer is an effective peeling treatment for a wide range of skin conditions including:

- Aging skin
- Hyperpigmentation
- Photo-aging skin
- Sun damage
- Acne and acne scarring

Step	Name	Function	Directions for use	Picture
1	Savon Supreme	Savon Supreme is a gently cleansing formula containing a unique combination of Saponia and Quillaja extracts to gently cleanse the skin, and with Alpha-hydroxyl and Glycolic Acid to balance the skin's pH level.	Dampen skin with warm water and apply Savon Supreme to wet fingertips and apply to face and neck. Add warm water to foam. Apply steam while cleansing to soften and warm skin. Rinse skin and repeat if needed.	
2	Sea Herbal Deep Peel or Light Intensive Herbal Peel	Sea Herbal Deep and Light Intensive Herbal Peel contains high levels of active ingredients for a wide range of skin types, complexions and conditions. *Light Intensive Herbal Peel is a milder formula appropriate for sensitive and thinner skin. It most commonly used for hyperpigmentation, active acne, seborrhea and on the neck and décolleté. Note: Peel depth is determined by massage duration and pressure.	Mix 1 teaspoon of Sea Herbal Peel or Light Intensive Herbal Peel in a small bowl with 2 teaspoon Herbal Peel Activator. Mix well. Carefully apply the mixture evenly to skin using large, circular, sweeping motions. Be careful not to excessively scrub cheek bones and jaw contour where skin is often stretched and therefore thinner. Continue to massage for 4-7 minutes. Keep peel and hands moist at all times by adding Activator. After massaging peel into skin, leave on skin for an additional 7-10 minutes. Apply a cold compress with a mixture of cold water and activator to the skin. Do not allow compress to dry. To remove peel, escort your client to the sink and herse herbs from skin with cool water. Several rinses will be required. Pour a small amount of Savon Supreme wash skin. Repeat rinse until all herbs are removed. Gently pat face with a soft cotton towel.	 
3	Soothing Mask	Soothing Mask contains a unique blend of balanced ingredients to absorb excess oil, relieve irritation and cleanse the skin. This advance formula also contains camphor, menthol and alcohol to contract pores and firm the skin.	Apply a uniform layer of Soothing mask to the skin and leave to dry for 10 minutes. Once dry, apply a wet compress for 1 minute to soften the mask. Remove mask with wet compresses.	
4	Post Peeling Protective Gel	Post Peeling Protective Gel creates an isolating layer between the skin and the environment. It firms the skin and locks the active ingredients inside the pores for a better peeling result. Featuring powerful botanical ingredients, this unique gel protects vulnerable freshly peeled skin from environmental elements.	Note: The skin will be very tender and sensitive, be gentle with this product application. Stinging sensation may occur for 2-3 minutes. Holding a small hand-held fan is useful and cooling to the client. Apply a small amount of Post Peeling Protective Gel onto dry skin with very gentle tapping motions. Let dry and do not rinse off.	
5	Post Peeling Cover Cream	This innovative cream contains sun block and calming agents in a lightly colored formula to soothe and protect skin. Shea butter enhances the natural correcting process and cell elasticity while a balanced formula of vitamins and plant extracts infuses and protects skin with nutrients and essential fatty acids.	After cleansing and peeling, apply a thin, even application of Post Peeling Cover Cream to the entire face with a damp makeup sponge.	

Rose de Mer at Home

Consistent to all Christina specialist lines, the Rose de Mer home treatment is specially designed to work hand-in-hand with the in-salon treatments. The Rose de Mer Post-Peeling Kit maximizes and extends the Rose de Mer salon peel process, delivering the best possible results for individual skin types. The result is glowing, radiant and even-toned skin in less than a week.

The Rose de Mer Peeling Soap is the perfect solution for problematic skin conditions.



Post-Peeling Kit



Peeling Soap

Post Peeling Kit Protocol

Step	Name	Function	Directions for use
1	Clean & Gentle	This effective yet mild cleansing formula feature a unique combination of Saponaria and Quillaja extracts to gently cleanse recently peeled skin. Alpha Hydroxyl Glycolic Acid balances the skin's pH level and Triclosan creates a prophylactic effect for optimal post-peel recovery.	Note: You do not want to wash or get your face wet with water for the first 24 hours. Directions: Start using 24 hours after peel treatment. Dampen face with warm water. Apply Clean & Gentle to wet fingertips and smooth onto face and neck and gently massage with circular movements. Rinse well with warm water.
2	Dry Out	Optimizes the salon drying process with a non- the peeling action for smooth, even, renewed skin. Accelerates cell turnover and moderates melanin activity.	Use for two days immediately following in-salon peel. Apply a thin layer to peeled area every 2-3 hours. Allow to dry and do not rinse.*
3	Calm and Hydrate	Gives skin extra hydration and increases elasticity and simultaneously soothes irritated areas.	Apply a few drops to cleansed skin 4-6 times daily and follow with Smooth and Repair. To be used after applying Dry Out. This product is intended for simultaneous use with Smooth and Repair.
4	Smooth and Repair	Repairs, refines and re-energizes skin by increasing elasticity and protecting rejuvenated cells from free radicals.	Apply a few drops 4-6 times daily, immediately following Calm and Hydrate.
5	Peel and Renew	Concludes the peel process by eliminating remaining dead cells and moisturizing skin.	Use following Steps 2 and 3 from the fourth day post-peel until the skin finishes displaying external signs of peeling (e.g. flaking skin). Apply gently to clean, dry skin 4-5 times a day and massage lightly for 2-4 minutes. Leave on for 30 minutes and remove with a damp cloth.

* Note: Although extreme skin dryness is expected, skin should not crack. Regular facial movement such as talking and eating should be possible without heavy discomfort. If skin is overly dry, discontinue use of this product and see a skincare professional.

Peeling Soap

Peeling Soap	Designed to resolve persistent skin blemishes and turn around skin conditions.	Soften soap prior to use by leaving it in lukewarm tap water for a couple of minutes. Lather soap into fingertips and massage onto treated skin for 1-2 minutes. Rinse well. Peeling soap opens comedones, balances sebum production and wears away the dead cells of the skin's stratum corneum to treat acne, hyperpigmentation or can be used prior to peeling treatment.
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Pre and Post-Peel Instructions

Pre-peel

- Do not perform the peel if client has active or emerging cold sores or herpes breakouts
 - If the client is prone to these conditions, refer him or her to a physician for treatment with Zovirax one day prior to the scheduled peel as a preventive measure, and for the duration of the peel
 - If necessary, wait for eruptions to heal
- Clients must cease using Retin A or any glycolic product three days prior to the peel
- Clients with oily skin should cleanse with Savon Supreme for 2 days prior to the peel

Prior to carrying out peeling and as an integral part of the treatment, it is advisable to start your client on a daily regimen of peeling support products, as well as a set of individual treatments to attain the desired effect. It is recommended to perform repeat peelings three to five times, two to five weeks apart (depending on type of treatment).

Post-peel

- The face should be washed with water and citrus vinegar (1 cup water: 1 spoon vinegar) 2-3 times a day, to cleanse, soften and calm the skin.
- Clients should drink a lot of water in the days following treatment
- Clients should not use any strong cosmetic products after treatment
- Ask your client to keep to your instructions and be in touch with you regarding his or her skin condition and flaking progress
 - Call your client 2-3 days following the treatment to ask how his or her skin is responding

Skin Reactions & Expectations:

- Days 1 and 2
 - Skin will appear tight and reddish (like sun-tanning)
 - Client will start to feel dryness necessary to the exfoliating process
 - It is important to keep the skin dry during these two days
- Days 3 and 4
 - Dryness will increase
 - Areas of hyperpigmentation will be prominent
 - Skin will be taut and begin to flake
 - The lower part of the face will flake first followed by the cheeks, forehead and eye area
 - Flaking is gentle on the neck and lower neck area and takes longer than on the face
 - It is important to keep the skin well hydrated to prevent uncontrolled cracking, which can result from overly dry and taut skin
- Day 5
 - The peeling process is complete New, youthful and radiant skin will be revealed

For four days following treatment, advise your client of the following instructions:

Avoid direct sun exposure and excessive heat – over-heating can cause hyperpigmentation

- Always caution your clients to stay out of the sun after this peel. The skin will be tender and peeling, and a daily application of sunscreen will be necessary.
- Client should start using sunscreen on newly peeled skin within 12 hours of exposure
- Do not expose treated areas to direct heat (including from a hair dryer)
- Loose or exfoliating skin should not be peeled or picked
- Sterile scissors may be used to trim flaking skin
- Do not apply ice or cold water to the treated areas
- Do not expose treated areas to direct, hot shower spray
- Do not use a Jacuzzi, steam room, or sauna
- Do not participate in activities that may cause excessive perspiration
- Do not use any other means of mechanical exfoliation including home-care exfoliators of any kind
- Use of exfoliators may be resumed when skin is completely healed and no signs of continued shedding are visible
 - Do not receive electrolysis, collagen injections, hair coloring or facial waxing, and do not use depilatories for at least 5 days
 - Discontinue the use of Retin-A/Renova for 7 days post-treatment.

Clients should not use tanning booths for at least three weeks after a treatment.